



## **WSCO Standards & Curriculum for:**

### **“Systemic Constellation Beginner with NLP, WSCO” / “Beginner, WSCO”**

#### **Duration & procedure of the training of: "Beginner, WSCO"**

- a minimum of 160 hours face to face training in a minimum of 22 days
- "NLP Practitioner, IN" or "Expert Coach, ICI" or "Hypnosis Master, WHO" can be accepted as 130 hours / 18 days of the minimum of 160 hours / 22 days. In this case the module "Beginner, WSCO" training has at least 30 hours in 4 days.
- case reflections of Systemic Constellation applications as Constellation practitioner and as client
- a written and a practical test

#### **Training content of: "Beginner, WSCO"**

- for the first 130 hours / 18 days please see the content of "NLP Practitioner, IN" or "Expert Coach, ICI" or "Hypnosis Master, WHO"
- for the 30 hours / 4 days please cover the following content in addition:
- Theoretical basics and foundation of systemic constructivist work
- Introduction: History & development of constellation work
- Ethics & attitude
- Settings of systemic constellations
- Explanation of representation, representative categories and the order of placing them

#### **Formats/Structures of: "Beginner, WSCO"**

- Outcome (Goal), Solution, „miracle question“ Constellation (based on Shazer)
- Improve (Family) Relationships (single-sided)

#### **Techniques of: "Beginner, WSCO"**

- Use of the cataleptic hand
- Rituals for strengthening (strengthening of roots sources or the ancestral lines e.g. with the cataleptic hand)
- Rituals as a solution intervention (return ritual)

#### **Varieties of: "Beginner, WSCO"**

- with people as representatives
- with figures / symbols as representatives

**The WSCO certificate for: "Beginner, WSCO" must include the following:**

1. the correct title of the qualification: "Beginner, WSCO" or "Systemic Constellation Beginner, WSCO"
2. the duration of the face to face training with precise information regarding training days and hours (at least 160 hours in 22 days)
3. the date of the first and last day of the training
4. a statement that all WSCO guidelines have been met
5. the WSCO seal (sticker with WSCO logo and seal number)
6. the signature of the "Systemic Constellation Master Trainer, WSCO"

**Training content for the qualification:** We highly recommend to list the complete trained main content and the complete amount of training hours and days that is needed for the certified qualification in Systemic Constellation on the backside of the certificate or on a separate signed document.

**The following statement is optional for an WSCO sealed certificate:**

"Because of the high quality of this training it may be recognized as ECTS credit points in academic studies in psychology with a focus on Systemic Constellation."

**More details:** A training hour has 60 minutes. Brakes longer than 30 minutes are not counted as training time. A training group has at least 6 participants (counted without assistants or „Systemic Constellation Master Trainer, WSCO“). We highly recommend assistants for trainings bigger than 10 participants. A WSCO certification training with WSCO sealed certificates (sticker with WSCO logo and seal number) has to be conducted at least 80% of the time by an approved "Systemic Constellation Master Trainer, WSCO". The remaining up to 20% of the training can be conducted under his supervision and responsibility. For the list of appointed "Systemic Constellation Master Trainer, WSCO" please see: <https://www.wSCO.online/mastertrainer/>

**For more details please see the “WSCO Certification Guidelines”**

<https://www.WSCO.online/resources/languages/EN/pdf/guidelines.pdf>