



## **WSCO Standards & Curriculum for: “Foundation, WSCO” or “Systemic Constellation Foundation, WSCO”**

### **Duration & procedure of the training of: "Foundation, WSCO"**

- a minimum of 190 hours face to face training in a minimum of 26 days
- "Systemic Constellation Beginner, WSCO" can be accepted as 160 hours / 22 days of the minimum of 190 hours / 26 days. In this case the module "Foundation, WSCO" training has at least 30 hours in 4 days.
- case reflections of Systemic Constellation applications as Constellation practitioner and as client
- a written and a practical test

### **Training content of: "Foundation, WSCO"**

- for the first 160 hours / 22 days please see the content of "Beginner, WSCO"
- for the 30 hours / 4 days please cover the following content in addition:
- Comparison of the different schools and approaches of constellation
- Order in systems
- Typical outcome patterns for goals, resources, families, teams etc. and implication of right/left placement.

### **Formats/Structures of: "Foundation, WSCO"**

- Problem Constellation
- Tetralemma Constellation
- Belief polarity constellation
- SCORE (based on Dilts)
- Improve (Family)Relationships (single-sided)

### **Techniques of: "Foundation, WSCO"**

- Separation of Overlapping Contexts (OC) (cover up (veil) due to OC, let own version emerge, separation of OC)
- Work with beliefs
- Use of ritual „sentences“

### **Varieties of: "Foundation, WSCO"**

- with people as representatives
- with figures / symbols as representatives
- with chairs
- in the mental space

**The WSCO certificate for: "Foundation, WSCO" must include the following:**

1. the correct title of the qualification: "Foundation, WSCO " or "Systemic Constellation Foundation, WSCO "
2. the duration of the face to face training with precise information regarding training days and hours (at least 190 hours in 26 days)
3. the date of the first and last day of the training
4. a statement that all WSCO guidelines have been met
5. the WSCO seal (sticker with WSCO logo and seal number)
6. the signature of the "Systemic Constellation Master Trainer, WSCO"

**Training content for the qualification:** We highly recommend to list the complete trained main content and the complete amount of training hours and days that is needed for the certified qualification in Systemic Constellation on the backside of the certificate or on a separate signed document.

**The following statement is optional for an WSCO sealed certificate:**

"Because of the high quality of this training it may be recognized as ECTS credit points in academic studies in psychology with a focus on Systemic Constellation."

**More details:** A training hour has 60 minutes. Brakes longer than 30 minutes are not counted as training time. A training group has at least 6 participants (counted without assistants or „Systemic Constellation Master Trainer, WSCO“). We highly recommend assistants for trainings bigger than 10 participants. A WSCO certification training with WSCO sealed certificates (sticker with WSCO logo and seal number) has to be conducted at least 80% of the time by an approved "Systemic Constellation Master Trainer, WSCO". The remaining up to 20% of the training can be conducted under his supervision and responsibility. For the list of appointed "Systemic Constellation Master Trainer, WSCO" please see: <https://www.wSCO.online/mastertrainer/>

**For more details please see the “WSCO Certification Guidelines”**  
<https://www.WSCO.online/resources/languages/EN/pdf/guidelines.pdf>

### Sources for the listed Formats/Structures – for the first 8 days

Type of Constellation	Selection of Constellation (C.) „formats“	Structure and Explanations – listing of sources
Goal	<ul style="list-style-type: none"> <li>• Goal-C.</li> </ul>	„Lösung, Wunder und System“ – Insa Sparrer (S.280)
Obstacles	<ul style="list-style-type: none"> <li>• Problem-C.</li> <li>• Score-C</li> </ul>	„Ganz im Gegenteil“ – M. Varga / I Sparrer (S. 45)  Grundlagen des SCORE-Modells nlpuniversitypress.com/html3/SaSe15.html
Personsystems	<ul style="list-style-type: none"> <li>• Personsystem-C.</li> <li>• Familystrucut-C.</li> <li>• Teamstuctur-C.</li> <li>• Change relationship (one-sided)</li> </ul>	„Basics der Systemischen Strukturaufstellungen“ - Renate Daimler (S. 264)  „Basics der Systemischen Strukturaufstellungen“ - Renate Daimler (S. 243)  „Social Panoramas“ – Lucas Derks (S. 76)
Ambivalence & Dilemma	<ul style="list-style-type: none"> <li>• Tetralamma-C.</li> </ul>	„Ganz im Gegenteil“ – Matthias Varga / Insa Sparrer (S. 75)
Ressources	<ul style="list-style-type: none"> <li>• Beliefppolarities-C.</li> </ul>	„Systemische Strukturaufstellungen – Theorie und Praxis“ – Insa Sparrer (S. 142)

**\*In addition to the sources listed here, the constellation formats from Varga/Sparre are presented well and clear in the book „Basics der Systemischen Strukturaufstellungen“ by Renate Daimler**