



## **WSCO Standards & Curriculum for: “Master, WSCO” or “Systemic Constellation Master, WSCO”**

### **Duration & procedure of the training of: "Master, WSCO"**

- a minimum of 335 hours face to face training in a minimum of 46 days
- "Advanced, WSCO" can be accepted as 225 hours / 31 days of the minimum of 335 hours / 46 days. In this case the module "Master, WSCO" training has at least 110 hours in 15 days.
- case reflections of Systemic Constellation applications as Constellation practitioner and as client
- a written and a practical test

### **Training content of: "Master, WSCO"**

- for the first 225 hours / 31 days please see the content of "Advanced, WSCO"
- for the 110 hours / 15 days please cover the following content in addition:
- Development of constellation work
- Order & basic dynamics in systems (interfaces)
- Special dynamics (e.g. families, illness, ...)

### **Formats/Structures of: "Master, WSCO"**

Different areas/applications & settings

- Family Structural Constellations
- Family Panorama/Constellation
- Team Structural Constellations
- Values („value square“) Constellations (based on Schulz von Thun)
- Constellation of the hidden topic
- Body Structural Constellations
- Organisation Structural Constellation
- Ego States/Inner Parts Constellations
- Advanced solution-focused Constellations
- Belief Change Panorama/Constellations
- Supervision Constellations

### **Techniques of: "Master, WSCO"**

- Solution-focused “interview”/conversation
- Use of language and hypnotic language patterns in the constellation work
- Further possibilities of strengthening gestures (strengthening of roots sources or the ancestral lines e.g. cataleptic hand)

- Transfer of constellation work into different contexts like e.g. playwriting, stories/metaphors), hero`s journey, dreams, compositions, homeopathy, workflows, etc.
- Work with the genogram
- Reframing of unresourcefull expressions from representatives into connecting, resource mobilizing expressions

### **Varieties of: "Master, WSCO"**

- with people as representatives
- with figures / symbols as representatives
- with chairs
- in the mental space

### **The WSCO certificate for: "Master, WSCO" must include the following:**

1. the correct title of the qualification: "Master, WSCO"
2. the duration of the face to face training with precise information regarding training days and hours (at least 335 hours in 46 days)
3. the date of the first and last day of the training
4. a statement that all WSCO guidelines have been met
5. the WSCO seal (sticker with WSCO logo and seal number)
6. the signature of the "Master Systemic Constellation Trainer, WSCO"

**Training content for the qualification:** We highly recommend to list the complete trained main content and the complete amount of training hours and days that is needed for the certified qualification in Master Systemic Constellation on the backside of the certificate or on a separate signed document.

### **The following statement is optional for an WSCO sealed certificate:**

"Because of the high quality of this training it may be recognized as ECTS credit points in academic studies in psychology with a focus on Master Systemic Constellation."

**More details:** A training hour has 60 minutes. Brakes longer than 30 minutes are not counted as training time. A training group has at least 6 participants (counted without assistants or „ Master Systemic Constellation Trainer, WSCO“). We highly recommend assistants for trainings bigger than 10 participants. A WSCO certification training with WSCO sealed certificates (sticker with WSCO logo and seal number) has to be conducted at least 80% of the time by an approved " Master Systemic Constellation Trainer, WSCO". The remaining up to 20% of the training can be conducted under his supervision and responsibility. For the list of appointed " Master Systemic Constellation Trainer, WSCO" please see: <https://www.wSCO.online/mastertrainer/>

### **For more details please see the "WSCO Certification Guidelines"**

<https://www.WSCO.online/resources/languages/EN/pdf/guidelines.pdf>

## Formats/Structures with listing of sources

Additional fields of use as well as deepening of already learned formats.

Type of Constellation	Selection of Constellation (C.) „formats“	Structure and Explanations – listing of sources
<b>Solutionfocused</b>	<ul style="list-style-type: none"> <li>• <b>Solution-C.</b></li> <li>• <b>Solutiongeometrical interview</b></li> <li>• <b>Goal-“approach“-C.</b></li> </ul>	<p>„Systemische Strukturaufstellungen“ - Theorie und Praxis – Insa Sparrer (S. 132 ff)</p> <p>„Basics der Systemischen Struktur-Aufstellungen“ - Renate Daimler (S. 89 ff)</p> <p>„Lösung, Wunder und System“ – Insa Sparrer (S.280 ff)</p>
<b>Values*</b>	<ul style="list-style-type: none"> <li>• <b>Value-Square-C</b></li> <li>• <b>.Beliefpolarity-C.</b></li> </ul>	<p>In Anlehnung an Schulz von Thun</p> <p>„Basics der Systemischen Strukturaufstellungen“ - Renate Daimler (S. 131)</p>
<b>when mysterious symptoms</b>	<ul style="list-style-type: none"> <li>• <b>C. of the hidden subject</b></li> </ul>	<p>„Basics der Systemischen Strukturaufstellungen“ - Renate Daimler (s. 153)</p> <p>„Ganz im Gegenteil“ – Matthias Varga / Insa Sparrer (S. 66)</p>
<b>disease</b>	<ul style="list-style-type: none"> <li>• <b>Structurall body-C.</b></li> </ul>	<p>„Basics der Systemischen Strukturaufstellungen“ - Renate Daimler (S. 167)</p>
<b>for supervision</b>	<ul style="list-style-type: none"> <li>• <b>Supervision-C.</b></li> </ul>	<p>„Basics der Systemischen Strukturaufstellungen“ - Renate Daimler (S. 214)</p>
<b>inner Parts*</b>	<ul style="list-style-type: none"> <li>• <b>Inner Voice Dialogue</b></li> </ul>	
<b>Organisations</b>	<ul style="list-style-type: none"> <li>• <b>Structural organisational-C.</b></li> </ul>	<p>„Basics der Systemischen Strukturaufstellungen“ - Renate Daimler (S. 221)</p>
<b>Personsystems</b>	<ul style="list-style-type: none"> <li>• <b>Personsystem-C.</b></li> <li>• <b>structural family-C.</b></li> <li>• <b>structural team-C</b></li> <li>• <b>Social Panorama</b></li> </ul>	<p>„Basics der Systemischen Strukturaufstellungen“ – R. Daimler (S. 264)</p> <p>„Basics der Systemischen Strukturaufstellungen“ - R. Daimler (S. 243)</p> <p>„Social Panoramas“ – Lucas Derks (S. 76)</p>

\* optional