

International Training Programme

Systemic Family Constellations

Level One

INTRODUCTION

Constellations work is always unique and is best learnt by doing or actually participating in constellations. Since unresolved personal relationship issues can influence the work, the first step is to clear unresolved family disputes.

Level One focus on the Family System, the students life transformation and empowerment with minimal theoretical explanations. Usually, participants are also eager to benefit from the experience, and at the same time they are learning by participating.

THE CONCEPT

"In family relationships, there is a powerful force of "love" that affects every member in the family." This force cannot be observed with the naked eye. We must amplify through the "Systemic Family Constellation" to understand harmony, peace and loving kindness.

DURATION AND CERTIFICATION

- Minimum of 80 hours face to face class training for 6 to 8 weeks, written the date of the first and last day of the training
- Qualified high level degree, and minimum of 5 years working experience
- Professional trained Therapist, Counsellor, Facilitator, Healer, Teacher are also qualified
- Experience and participate in Systemic Constellations as resonator, representative, and as case owner
- Have observed and participated over 40 Systemic Constellations
- Have written his/her own transformation journey report
- Have passed practical and written examination
- Have WSCO seal with WSCO logo and unique seal number
- Have the signature of the "Systemic Constellation Master Trainer, WSCO"

CONTENT

- What is System, Systemic, and Systemic Constellation
- What systemic constellation can do
- What systemic constellation benefits you and your family
- The Cause and Effect
- The power of Now
- The power of across time and space
- The order of love - belonging (excluded creates problems)
 - order of rank (who come first, who has higher rank)
 - equilibrium (the balance of give and take)
- Who are included in your family
- Your circle of influences
- The ancestral lines - Genogram (family tree at least 3 to 4 generations)
- Ethics and Attitude
 - self-care
 - confidentiality

Five major modules in Level One:

1. Triangular relationships (You, Mother, Father)
 2. Your place of origin (Original Family)
 3. Your Current Family (Original Family of your children)
 4. Ancestors and Multi-Generation (multi-dimension and multi-level)
 5. Love and Couple Relationships
-

Note :

- A list of complete training content, and the total amount of training hours are listed on the certificate (or on the backside of the certificate)
- A training group has at least 12 participants (not including the “Systemic Constellation Master Trainer, WSCO”)
- A WSCO certification, with WSCO sealed certificates and seal number, has to complete 100% of Level One curriculum

The Following statement is optional for a WSCO sealed certificate:

"Because of the high quality of this training it may be recognized as ECTS credit points in academic studies in psychology with a focus on Systemic Constellation."

Supplement :

ETHICS AND ATTITUDE

To uphold and maintain the standards of Systemic Constellations, we all agree and abide by the following ethical code.

Self-Care

- Willingness to work on awareness of my family and on-going personal and professional development.
- Honesty about my personal challenges and limitations.
- Open to feedback from colleagues and classmates.
- Let the organisation know if I am not feeling well or need some assistance.

Competence / Confidentiality

- Not attempt to work with anyone until I have completed all the training requirements and certified as a “facilitator”.
- Protecting the identity of colleagues and classmates at all the time.
- Respect others values and beliefs.
- Understand and respect different cultures and languages.
- Using empowering and using uplift languages with each other.

Systemic Family Constellation Level One, WSCO

Training is based on Hellinger Scientia® methods, knowledge and skills to achieve a higher level of work in Systemic Constellations.

The program consists of clearing personal and family issues, understanding hidden dynamics of family systems, practising the order of love, and respecting the ancestral lines. Students experience and participate in more than 40 Family Constellations, learning to acknowledge “what is”.